



Be-Loved Devotionals

Water for the Soul

God has created us with a deep longing in our soul to be loved. Without having the full knowledge of this we can walk around with a deep sense of emptiness, sometimes were conscious of this or sometimes it's in our subconscious.

We may seek to fill this empty void with all manner of things including drugs, alcohol, relationships, tv, sex, food anything that will make us feel better.

The problem is that all these things we seek don't last, they are only temporary and at the worst the very things we use to fill that void in our soul can end up destroying us.

A psalm of David. When he was in the Desert of Judah. You, God, are my God, earnestly I seek you; I thirst for you, my whole being longs for you, in a dry and parched land where there is no water.

Psalm 63:1

*God has a better plan, and that plan is that you would learn g to **Be-Loved** by Him, receive his love and seek his love daily. When times are good, when times are bad God wants you to seek Him. Nothing else will truly satisfy you and nothing else will fill you like when the Love of God invades your soul.*

Jesus said, ` "Love the Lord your God with all your heart. Love him with all your soul and love him with all your mind.

(Matthew 22:37)

When you allow God to water those places in your soul where you know you are making substitutions for his love, you will find a freedom like you have never experienced before. Freedom from addiction! freedom from shame! freedom from guilt! freedom to be all that God created you to be! And you will be able to say with full assurance:

I am my beloveds, and my beloved s is mine

(Songs of Solomon 6:3)



Reflection Suggestions

*Reflect on everything you have heard as a part of this devotional and through the second **Be-Loved** video teach linked on the web page. Maybe journal your thoughts, do something creative or take some time to worship God.*

Some suggested questions you might ask yourself as part of this process are:

Are there any areas of your life you feel you are not allowing God in?

Are you struggling with any type of addiction?

Is there an area of your life you think it is impossible for God to fix?

Is there an area of your life where you feel you will never be happy until you have a certain thing, could be lots of money, marriage?

As a last step I would strongly recommend the following prayer

Heavenly Father,

I am so sorry for using other things to try to fix my problems or satisfy my soul instead of coming to you. Lord would help me to be super brave today and surrender every part of my mind, spirit, and soul into your hands. I pray you would heal me of all damage done because of these behaviours, and I also pray you would help me forgive myself and anyone else that may have contributed to my pain, I need you Jesus apart from you I can do nothing!

Water my Soul Lord today I pray in Jesus' name.

Amen

